

NEED HOT WATER DRINKING IF YOU DON'T FEEL RIGHT

Signs of hot water with
phosphate before breakfast
washes out poisons.

If you wake up with a bad taste, bad
breath and tongue is coated; if your
head is dull or aching; if what you eat
seems to form gas and acid in stom-
ach, or you are bilious, constipated,
nervous, sallow and can't get feeling
right, begin drinking phosphated
hot water. Drink before breakfast, a
glass of real hot water with a tea-
spoonful of limestone phosphate in it.
This will flush the poisons and toxins
from stomach, liver, kidneys and bow-
els and cleanse, sweeten and purify
the entire alimentary tract. Do your
inside bathing immediately upon arising
in the morning to wash out of the
system all the previous day's poison-
ous waste, gases and sour bile before
getting more food into the stomach.

To feel like young folks feel; like
you felt before your blood, nerves and
muscles became loaded with body im-
purities, get from your druggist or
storekeeper a quarter pound of lime-
stone phosphate which is inexpensive
and almost tasteless, except for a
sourish tinge which is not unpleasant.
Just as soap and hot water act on
the skin, cleansing, sweetening and
freshening, so hot water and lime-
stone phosphate act on the stomach,
liver, kidneys and bowels. Men and
women who are usually constipated,
bilious, headache or have any stomach
disorder should begin this inside bath-
ing before breakfast. They are as-
sured they will become real cranks on
the subject shortly.—Adv.

Courage is a thing that enables us
to forget our fears.

She is a wise woman who can laugh
or cry just at the psychological mo-
ment.

SOAP IS STRONGLY ALKALINE
and constant use will burn out the
scalp. Cleanse the scalp by shampooing
with "La Creole" Hair Dressing,
and darken, in the natural way, those
ugly, grizzly hairs. Price, \$1.00.—Adv.

Someone Always Celebrating.
"When is Independence day?"
"Oh, divorces are being granted all
the time."—Boston Evening Trans-
cript.

Something to Kick About.
"It was a great move the Russians
made in abolishing vodka."
"Yes," replied the man who is never
happy, "only it seems to me they have
got rid of about the only word in
their language that is easy to pro-
nounce."

Alaska Rich in Furs.
Alaska is the great fur-bearing sec-
tion of the United States. It pro-
duces about \$1,000,000 worth of furs
annually. These include all varieties
from squirrel pelts of an average val-
ue of 8 cents each to black fox pelts
at from \$250 to \$1,250 each. The fur
output in 1913 included 2,600 bear
skins valued at over \$33,000 at from
\$9 for brown bear skins to \$40 for the
grizzly or polar bear. The greatest
fur market of the United States is at
St. Louis, but of the world is in Lon-
don. The war in Europe has cut the
price of Alaska furs about 50 per cent
this year. Some fox pelts bring very
high prices and are much sought after.
—Leslie's.

Keep a-Moving Along.
There never was a time in the his-
tory of the world in which there was so
violent a passion of movement as to-
day. We are none of us content to
live our lives in one place. We must
all be going somewhere in search of
new sights. The railroad no longer
keeps pace with our desires. The
neatly laid rails which traverse our
continent seem too formal in the rap-
idity of our thought. It irks us to pre-
sent ourselves at a railway station in
time for the express.
We must settle our own hour and
take our journey as we list. So motor
cars come to the aid of railway trains,
and for those who cannot bear the
sloth and solidity of the earth on which
they were born there is the flying ma-
chine.

EXPERIMENTS
Teach Things of Value.

Where one has never made the ex-
periment of leaving off coffee and
drinking Postum, it is still easy to
learn something about it by reading the
experiences of others.

Drinking Postum is a pleasant way
out of coffee troubles. A Penn. man
says:

"My wife was a victim of nervous-
ness, weak stomach and loss of ap-
petite for years; and although we re-
sorted to numerous methods for re-
lief, one of which was a change from
coffee to tea, it was all to no purpose.
"We knew coffee was causing the
trouble but could not find anything to
replace it until we tried Postum.
"In two weeks after she quit coffee
she began using Postum almost all the
troubles had disappeared as if by
magic. It was truly wonderful. Her
nervousness was gone, stomach trou-
bles relieved, appetite improved and,
above all, a night's rest was complete
and refreshing.
"This sounds like an exaggeration,
as it all happened so quickly. Each day
there was improvement, for the Postum
was undoubtedly strengthening her.
Every particle of this good
work is due to drinking Postum in
place of coffee." Name given by Post-
um Co., Battle Creek, Mich.

Postum comes in two forms:
Postum Cereal—the original form—
must be well boiled. 15c and 25c pkgs.
Instant Postum—a soluble powder—
dissolves quickly in a cup of hot wa-
ter, and, with cream and sugar, makes
a delicious beverage instantly. 30c
and 50c tins.

Both forms are equally delicious
and cost about the same per cup.
"There's a Reason" for Postum.
—quid by Green

BRITISH CRUSHING IRISH REBELLION

FOUR HUNDRED ARE CAPTURED
WHEN DRIVEN INTO OPEN
WITH BOMBS.

SHIP SHELLS LIBERTY HALL

Center of Disturbance Confined to
Isolated Localities—More Troops
Sent in—Post Office Back
in Hands of English.

London.—The Dublin rebels have
been driven out of their positions in
Stephen's Green with bombs after sus-
taining heavy losses says the Daily
News.

Kingston, Ireland.—Four hundred
Irish rebels were made prisoners
when the troops captured St. Ste-
phen's Green and drove them out with
bombs.

London.—"The military operations
for the suppression of the rebellion
in Dublin are proceeding satisfactori-
ly," says a communication issued by
Field Marshal French, commanding
the home forces.

"What may be described as the
organized forces of the rebels," the
communication added, "are confined
to a few localities, the principal one
being the Sackville street district,
in which the rebel headquarters ap-
pear to be the general post office.
"Considerable damage was caused
by fire and a large fire took place in
Sackville street.

"In the other parts of Ireland the
principal centers of disturbance are
in County Galway and in Ennis-corthy.
Disturbances also are reported in
Killarney, Clonmel and Gorey."

More Troops Reach Dublin.
Belfast.—Liberty Hall, the head-
quarters of the Sinn Fein Society in
Dublin, was shelled by a gunboat
during the rioting last week in the
national capital, according to an of-
ficial statement given out here.
The Belfast News Letter says it
understands the post office at Dublin
has been retaken by the military
forces. Meanwhile large re-enforce-
ments have arrived in Dublin. In
other portions of the city the situa-
tion is well in hand.

TEACH KINDNESS TO ANIMALS

American Humane Association Has
Planned a Nation-Wide Move-
ment Along This Line.

Allany, N. Y.—May 21 is to be ob-
served by hundreds of churches
throughout the United States as "Hu-
mane Sunday." At this time clergy-
men are being urged to preach special
sermons on the subject of kindness.
The movement is under the direction
of the American Humane association
of this city, which is prepared to send
out a large amount of literature deal-
ing with this subject. A most valuable
leaflet has been prepared for clergy-
men which may be had on request.

The week of May 15-20, inclusive,
will be known as "Be Kind to Ani-
mals Week" by societies for the pre-
vention of cruelty to animals. During
this week every effort will be made
to emphasize the economic and moral
value of treating animals humanely.
Boy scouts and camp fire girls are co-
operating to make the movement a
success. Work-horse parades, com-
mon dog shows, illustrated lectures
and the distribution of humane litera-
ture are a few of the special plans
laid out by the local societies. The
anti-cruelty movement is making very
rapid progress throughout the United
States. There are now 562 anti-
cruelty societies, a slight gain over
last year. These organizations han-
dled cases involving 212,215 children
and 2,394,721 animals during 1913.

ROOSEVELT IS FOR SUFFRAGE

Pledges Support to Organization
Advocating Constitutional
Amendment.

New York, N. Y.—In a signed
statement prepared here for a com-
mittee of women representing the
congressional union, who appealed to
him as the head of the Progressive
party, former President Theodore
Roosevelt declared that the question
of enfranchising women had become
national and pledged his support of
the proposed amendment to the fed-
eral constitution giving the vote to wo-
men.

Y. R. Officer of Authors' League.
New York.—Winston Churchill was
elected president and Theodore Rose-
velt vice-president of the Authors'
League at the annual meeting here.

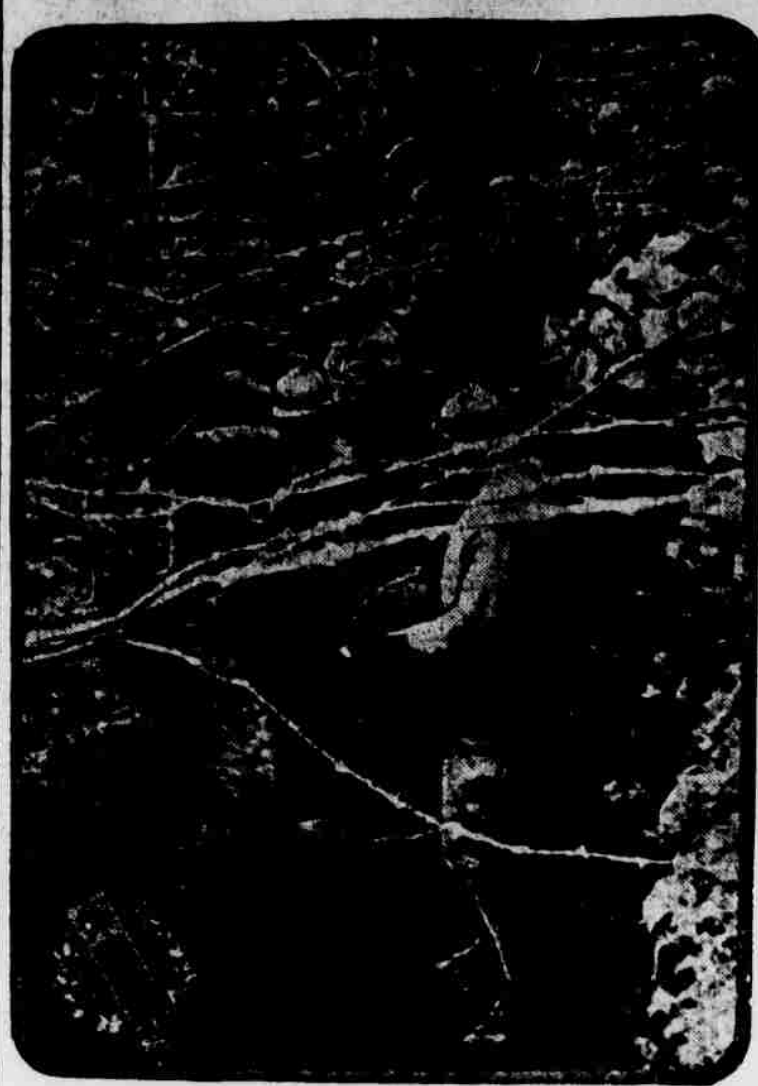
Bar Silver 71 Cents an Ounce.
New York.—Bar silver was quoted
at 71 1/2 cents an ounce, the highest
price in almost a decade. A month
ago the quotation was 69 1/2 c. early in
the year 56, and just before the war
52 1/2 was a fair quotation.

Japan Has Faith in U. S.
Tokio.—Disputes from America
concerning Japan's protest against
the Burnett Immigration bill are given
prominence in the Japanese news-
papers, but no Anti-American senti-
ment has been voiced.

Coal Miners Strike Ends.
New York.—The 24,000 bituminous
coal miners on strike in Pennsylvania
have returned to work under an ar-
rangement arranged between John P.
White for the men and W. K. Fields
for the companies.

Blakelock Elected to Academy.
New York.—Ralph Albert Blake-
lock, a painter who for years has
been an inmate of the Middletown
State Hospital for the insane, was
elected an academican of the Nation-
al Academy of Design.

TELEGRAPH POST IN A VERDUN TRENCH



Telegraphy plays an all-important part in the warfare of today. Every
position is directly connected with headquarters by either the telephone or
telegraph. This photograph shows one of the advanced trenches at Verdun,
where the fighting of the last two months has been more strenuous than at
any other time during the war.

BRITISH LOSE BIG WARSHIP VENIZELLOS "COMING BACK"

RUSSELL SUNK IN MEDITERRANEAN SEA.
Eleventh Battleship Lost During War
—124 Men on Vessel Missing
After Disaster.

London, England.—The British bat-
tleship Russell has been sunk by a
mine. It was officially announced to-
day. Admiral Fremantle, the captain
of the Russell, 24 officers and 676 men
were saved.

About 124 men of the Russell are
missing. The warship was sunk in the
Mediterranean.
A German submarine was sunk off
the east coast it was also announced
officially.

Under ordinary conditions the Rus-
sell carried between 750 and 800 men.
The Russell was laid down in 1899
and completed in 1903. She was 406
feet long, 75 feet beam, 26 feet deep
and displaced 14,000 tons. She was
armed with four 12-inch guns, 12 six-
inch guns, 12 three-inch and six
three-pound guns and four torpedo
tubes. She cost about \$5,000,000.
The Russell is the eleventh British
battleship which has been lost during
the war. The others were the Audacious,
Bulwark, Formidable, Irresistible,
Ocean, Goliath, Triumph, Majestic,
Natal and King Edward VIII.
In addition about 35 other British war-
ships of various classes have been
destroyed.

Some Favor Revolution.
It is learned from incontestable au-
thority that several leaders of the
revolution of 1909 are actively en-
gaged in planning a similar attack,
although Venizelos deprecates this
and advises instead the practice of pa-
tience and use of legal methods. On
the other hand the recent plot against
him failed only by a hair's breadth,
owing to the extraordinary devotion
and watchfulness of his followers.

Frequent talks with King Constantine
prove to the press that the monarch
honestly is persuaded that a policy
of inaction is approved by a ma-
jority of the Greek people, the king
persists in regarding the recent de-
monstrations of the growing popularity
of Venizelos as merely political man-
euvers.

PREPAREDNESS PROPAGANDA

Sixty-Six Trades and Professions
Will Be Represented in Twelve-
Hour Parade.

New York, N. Y.—New York
will see one of the most extraordi-
nary parades in its history May 13,
when 105,000 business and profession-
al men will march in a 12-hour parade
to show their interest and to stir up
the interest of New Yorkers in bet-
ter military, naval and industrial
preparedness in this country. Sixty-
six trades and professions will be rep-
resented.

It was also announced that the na-
tional guard will parade. They will
be the only marchers who will appear
in uniforms.

Only two vehicles will be in line.
These will head the parade. One
will be occupied by Mayor Mitchell
and the other by Major General Wood,
commanding the department of the
east of the United States army.

Bisell Offers Defense.
LANSING, Kan.—Fred Russell, the
baker, who confessed to the murder of
the 10-year-old Birmingham girl, seeks
to justify his crime by the statement
that the mother of the little girl had
refused to marry him when he asked
her. How that would justify the kill-
ing of an innocent party he does not
attempt to explain.

Navy Sold at Auction.
Galveston, Tex.—The Honduras
navy, consisting of one war vessel,
went on the block and was sold at
auction to J. W. Steele of Galveston,
who will use the boat in towing ves-
sels out to sea.

British Shipping Hit Hard.
New York.—From figures furnished
by the chamber of commerce the British
have lost 736 merchant vessels since
the beginning of the war. The figures
of the admiralty are considerably
smaller.

Rigid Sentences for Auto Thieves.
Joliet, Ill.—Determined to end
in checking the theft of automobiles in
Illinois, the state board of pardons
announces that hereafter such offend-
ers must serve the full time of any
indeterminate sentence.

Norwegian Steamer Blown Up.
Copenhagen.—The Norwegian
steamship Strommaas, bound for Lu-
beck, Germany, with a cargo of her-
ring, from Norway, has been blown up
and sunk off Gledser, Denmark. The
crew was landed at Warnemunde.

Sheriff's posse Kills Two.
Muskogee, Ok.—Two fugitives, Joe
and Dave Smith, who resisted arrest
by a sheriff's posse, were slain when
they opened fire on the officers.

Snow in Central West Texas.
San Angelo, Tex.—Flurries of snow
fell here on the 28th when the tem-
perature reached 40 degrees. Many
lambs on the range died, and newly-
sheared sheep suffered. Some dam-
age was done to growing crops.

College Credit for Training Camp.
Hanover, N. H.—The faculty of
Dartmouth College has recommended
to the board of trustees that credit
be given toward a degree to under-
graduates who attend a camp of mil-
itary training next summer.

MOTHERS' MEETING

New Officers Elected at State
Congress in Session at
Columbia.

MRS. W. H. JOBE PRESIDENT

Kansas City Woman Unanimously
Chosen to Head Organization—
Next Meeting in St. Louis.

Mrs. Walter H. Jobe of Kansas City
was unanimously elected president of
the Missouri Mothers' Congress at Col-
umbia recently. Mrs. Jobe has been
second vice-president of the organiza-
tion for the last two years and presi-
dent of the Kansas City Council of
Mothers' Clubs for the last year.

The election of the other officers
was the occasion of much spirited
rivalry between factions, in which St.
Louis and Kansas City women were
the leaders. Other officers elected were:

First vice-president, Mrs. Norman
Windsor, St. Louis; second vice-presi-
dent, Mrs. S. W. Arnold, Kirksville;
third vice-president, Mrs. A. L. Ying-
ling, Independence; fourth vice-presi-
dent, Mrs. L. D. Rosenbaugh, Spring-
field; fifth vice-president, Mrs. M. J.
Hale, Monett; corresponding secre-
tary, Mrs. George Siemens, Kansas
City; recording secretary, Mrs. B. C.
Hunt, Columbia; treasurer, Mrs. E. A.
McKay, Springfield; auditor, Mrs.
Bertha Bles, Weston; historian, Mrs.
John S. Farrington, Springfield.
Mrs. J. B. McBride of Springfield,
outgoing president, was elected hono-
rary president. St. Louis is considered
as the most likely place for next year's
meeting.

The congress decided that "better
mothers and better babies" was far
more important than the question of
women's suffrage. Adopting the former
as their slogan, they sidetracked their
suffrage question when it was
introduced in the form of a resolution
incorporating it.

Cocklebur Leaves Kill Hoga.

Dr. Ralph Graham, inspector in
charge of the United States hog chol-
era station at Sedalia, has found that
in a number of cases where hogs had
died suddenly death was the result of
cocklebur poison. Dr. Graham says
the first two oblong leaves of the
cocklebur are poisonous at this time
of the year, when vegetation is young
and tender, and that hogs will eat a
sufficient quantity of these leaves to
cause death. Usually death occurs
from this poisoning in a very short
time. The hogs generally die squeal-
ing.

William Jewell Wins in Oratory.
Seven institutions were represented
in the annual state peace oratorical
contest. The judges, Editor R. K.
Madden, Ben Todd of Kansas City and
Prof. I. B. Morgan of Kansas City,
Kas., gave first place to G. V. Price
of William Jewell college.

Saline County Capitalist Dead.
Chastain G. Page, banker and cap-
italist, is dead at Marshall. He was
born in Madison county, Virginia, in
1835, but had lived in Marshall at
most continuously since 1856. He was
chairman of the board of directors of
the Wood & Huston Bank, a founder
of the Rex & Page Milling Company
and an extensive Saline county land
holder.

Killed in Neosho Yards.

J. E. Fuly of St. Paul, Minn., was
killed and Ashbury Phillips and Jack
E. Phillips of Shady Point, Ok., were
injured by a switch engine at Neosho
last day.

ASK WILSON TO INTERCEDE

New York, N. Y.—Michael Fran-
cis Doyle, a lawyer, living in Phila-
delphia, is in this city in the interest
of Sir Roger Casement, from whom
he said he had a power of attorney.
Doyle said he had come here to see
Mrs. George Henry Newman, a sister
of Sir Roger, who is living at a hotel
and who fled from Ireland because of
what she characterized as British
"persecution."

"I have wired Secretary Tumulty
asking for an appointment with
President Wilson," Doyle said, "and
will ask him to intercede for Sir
Roger."

Truck Goes 120 Miles in 11 Hours.

Columbus, N. M.—A truck train
under Capt. James W. Furlough made
a record run into the base, 120 miles
from Colonia Dublin, in a little more
than 11 hours.

Too Much Politics, Quite Job.

Chicago.—Capt. Nicholas Hunt, who
was made head of the detective bur-
eau several months ago, sent his re-
signation to Mayor Thompson. Too
much politics was given as the reason.

Turkey Asked About Elkus.

Washington.—The state depart-
ment has inquired of the Turkish
government whether Abram J. Elkus
of New York would be acceptable as
American ambassador to succeed
Henry Morgenthau, whose resignation
has been accepted by President Wil-
son.

Joplin Ex-Postmaster Dies.
Daniel K. Wenrich, former postmas-
ter of Joplin, is dead in Battle Creek,
Mich., according to telegrams received
at Joplin. He was the father of Percy
Wenrich, the composer.

Pioneer Missourian Dies.
Thomas Boatwright, aged 79, is
dead at his home in Marshall. He was
one of Saline's pioneer citizens. Mr.
Boatwright took part in the Civil war
as a Confederate soldier and served
in General Marmaduke's staff.

Bonds for Ava High School.
Citizens of Ava, Douglas county, re-
cently carried a bond issue of \$15,
000, the proceeds of which will be
used in building an addition to the Ava
high school building. The vote was
100 for the bonds and 33 against.

Ex-Banker of Holden Dies.
J. W. Pierce, former cashier of the
Bank of Holden, is dead. He was con-
nected with the bank from September
15, 1875, until February 20, 1916. He
was an ardent prohibitionist.

STATE OWES M. U. \$86,000

President A. Ross Hill Believes Mis-
souri Treasury is Bankrupt—
Salaries Long Past Due.

Dr. A. Ross Hill, president of the
Missouri state university, told a re-
porter at St. Louis that the state treas-
ury is bankrupt and the officials at
Jefferson City were trying to conceal
the fact.

"We are now about three months
in arrears at the state university in
the payment of salaries of the fac-
ulty," said President Hill. "In all, we
are about \$86,000 behind in the pay-
ment of expenses from the general
revenue fund. R. B. Price of Colum-
bia, treasurer of the university, has
been paying our salary vouchers for
the state and advancing the money on
his own account.

"We might as well admit the fact.
The state is bankrupt and the offi-
cials at Jefferson City are trying to
conceal it, despite the statement of
one of the candidates for governor at
Columbia that the state has sufficient
money to meet its necessary expenses.

"Governor Major, some time ago,
asked us to curtail our expenditures
within a minimum fixed by him and
we have done so, but despite this, we
have not been able to get money for
the university when due from the
state. The vouchers are not turned
down by the state, but are just held
up, that's all. We are going along the
best we can under the circumstances,
hoping for the best, but we do not
know what the biennial period is going
to show in the way of state finances."

President Hill said the present ar-
rangements for paying the expenses
of the university may not continue,
and the federal government may cut
out the funds appropriated for the col-
lege of agriculture because the state
has not paid its part.

MASONIC TREASURER DEAD

A. C. Stewart Stricken With Acute In-
digestion While En Route to
Home in St. Louis.

Alphonse Chase Stewart, thirty-
three degree Mason, and treasurer of
the Missouri grand lodge, who was
stricken with acute indigestion on a
train coming from Kansas City, died
at St. Luke's hospital in St. Louis. He
was a son of Lionel Chen Alexander P.
Stewart of the Confederate army, and
as a cadet was attached to his father's
staff in the war.

Mr. Stewart was born in Lebanon,
Tenn., August 27, 1874. In 1871 he
was married to Miss Elizabeth Smith
of Winchester, Tenn. He is survived
by his wife, a daughter, Mrs. George
Williams, and son, Doctor S. Smith
Stewart, who were at his bedside. Mr.
Stewart was counsel of the St. Louis
Union Trust Company, member of a
prominent law firm, a well known fig-
ure in the Cumberland Presbyterian
church, and wealthy. From 1904 to
1908 he was president of the St. Louis
police board.

No one on the train recognized as
Mr. Stewart the man who suddenly
lurches from his seat and fell uncon-
scious to the floor as the train pulled
out of Hawk Point. Strangely it was
Patrolman John S. Broyles, who was
appointed to the force in 1903 by Mr.
Stewart, who recognized the attorney
when the train reached the Union Sta-
tion. Because of the police rules,
Broyles was compelled to place his
former superior in a city ambulance
and have him sent to the city dispen-
sary. From the dispensary the fam-
ily and friends of the stricken man
were notified, a private ambulance
was called and Mr. Stewart was con-
veyed to St. Luke's hospital.

Miller County Voted Road Bonds.

Miller county recently voted \$20,000
in bonds in aid of the cross state high-
way. Practically every voter in Lin-
coln and Greene townships turned out
to vote and the good roads proposal
carried by a good margin.

Couple Wed 60 Years.

Mr. and Mrs. James A. Davis, two of
the oldest residents of Grundy county,
celebrated the sixtieth anniversary of
their wedding at their home in Iru-
son recently. About one hundred and
fifty neighbors gathered at their home
for dinner.

Calle Missouri Charter Meeting.

The chamber of commerce has been
advised by Walter Williams, dean of
the Missouri School of Journalism,
that he has called a meeting of the
committees and persons interested in
the movement for a new constitution
for Missouri, to be held in Sedalia Sat-
urday, May 13.

Bolt of Calico From Sky.

In the recent storm at Hume hal-
lstones featuring six inches in circum-
ference were picked up and a bolt of
calico fell in James Harris' chicken
lot in the north part of the city. It
was quite a lucky call for Mrs. Harris
when the price of calico is considered.
It is supposed that the calico was tak-
en up in the clouds in the path of the
tornado south of there.

Married a Half Century.

Mr. and Mrs. Adolph Koehner cele-
brated their golden wedding anniver-
sary at Tipton. Mr. Koehner is 78
years old and Mrs. Koehner is 69.
They have eight children. Mr. Koeh-
ner is a veteran of the Civil war.

Falling Derrick Injures Five.

Five men were injured, two prob-
ably fatally, when a hopper and derrick
at the Imperial mine near Joplin
collapsed recently. They were
working in the mill and were caught
by falling debris.

Marshall Banker Dead.

Chastain Garland Page, 81 years
old, a prominent citizen of Marshall
for sixty years, is dead. He was one
of the original incorporators of the
Wood and Huston bank in 1882, and
was elected a director, which position
he held until his death.

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nected with the bank from September
15, 1875, until February 20, 1916. He
was an ardent prohibitionist.

Everywhere You Go Everywhere They Know Alabastine

For 35 years Alabastine has
been the choice of house-
wives who take particular
pride in the decoration of
their homes.

For 35 years Alabastine has
been sold everywhere by paint,
hardware, drug, and general
stores. It is known by dealers
and users alike as the "tint beau-
tiful" for walls and ceilings.
Alabastine is a dry powder that
mixes perfectly in cold water. You
can apply it yourself or your local
painter will do the work reasonably.
Be sure that you get Alabastine
brought on the job in properly
labeled packages.

Free Color Plans
The best decoration advice the use
of stencils to produce contrasting
wall and ceiling borders. Ordina-
rily, stencils cost from 50 cents to
\$3.00 each, but if you will write for
the free "Alabastine Packet," con-
taining hand colored prints of 12 of
the very latest stencil effects, we
will tell you how you can save
your choice of these and 50
others at practically no expense.
Write today for this absolutely
free decorating service.

Alabastine Co.
226 Grand St. Grand Rapids, Mich